

Be a  
**HERO**



Paediatric & Neonatology Department

*This leaflet explains what happens when you have a blood test.*

*A blood test is when someone puts a needle in your arm to take a little bit of blood. It might hurt a little, but it is very important. It will help doctors and nurses to look after you.*

1. Go to the pediatric desk to tell them that you have arrived. You take a seat or play and wait your turn.



2. The nurse will call you when it is your turn. Your Mom or Father or Nanny will be with you.

3. The nurse will take you to another room where they will ask you to sit on a chair or a bed. You can sit on your mom, dad, or nanny's lap, or you may just want to hold their hand.



4. The nurse will have gloves, gauze, plasters, small tubes, and needles to do the blood test.



5. When the nurse has finished, they will put some cotton wool over the needle in your arm. They will then remove the needle and gently hold the cotton wool on your arm.

6. The nurse will tape the cotton wool to your arm or put on a plaster for you. The blood test is finished



7. The nurse will send your blood away to be tested. The results will be sent to your doctor who will explain them to you.

**you're amazing!**

## Contact us:

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