

Palpitation



Cardiology Department

PALPITATION

Heart palpitations are feelings of having a fast-beating, fluttering or pounding heart.

Heart palpitations can be due to:

- Anxiety, stress, panic attack, or fear.
- Caffeine intake.
- Nicotine use
- Stimulant drugs.
- Flu and Decongestant medications, such as phenylephrine or pseudoephedrine
- Febrile illness
- Dehydration
- Deficiency of certain salts (electrolytes) such as potassium and magnesium
- Thyroid disease
- Heart conditions

Heart conditions that can lead to palpitation

- Problem with heart arteries in form of blockage or obstruction
- Weakness or thickness of heart muscle
- Narrow or leaking heart valves
- Abnormality of electricity generation or conduction in the heart

When should you seek urgent medical attention ?

When palpitation is associated with chest pain/ discomfort , shortness of breath, dizziness or fainting.



Contact us:



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